



BRISAS

WELLNESS

ARENAS DEL MAR

BEACHFRONT & RAINFOREST



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WELLNESS

We wish to entice you with our Healthiest menu! Please help yourself to your liking.

STARTERS

Scalp massage	⌚ 15min	\$25
Aromatherapy massage	⌚ 30min	\$45
Reflexology	⌚ 45min	\$50
Organic mini facial	⌚ 30min	\$55

“À LA CARTE” SERVICES

Customized therapeutic massage Relax or deep tissue	⌚ 60min ⌚ 90min	\$90 \$125
Stone massage therapy	⌚ 60min ⌚ 90min	\$100 \$130
Two by two treatment Massage for two	⌚ 60min ⌚ 90min	\$175 \$225
Kids calming massage Suitable for kids between 5 and 12 years old	⌚ 30min	\$45
Thai massage Special pants provided for treatment	⌚ 90min	\$135
Selfcare 90 min treatment of your choice, in three sessions. Includes a mini-sin: petit-four chocolate plate and daily fresh juice	⌚ 90min	\$345





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MAIN COURSES

Detox

Red-fruits scrub
Algae and clay wrap
Lymphatic massage
Green juice

⌚ 3 hours

\$345

Vitalize

Coffee coco scrub
Orange chocolate wrap
Custom massage
Energy cold infusion

⌚ 2.5 hours

\$220

Calm

Aloe wrap
Organic mini facial
Relaxation massage
Soothing tea

⌚ 2.5 hours

\$220

AND FINALLY DESSERT!

End of the day escape

Served with "bedtime tea"

⌚ 60min

\$85

